

Issue 9
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Our Island Home

Weekly Newsletter

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Staffing Updates

Sophia Lyttle-Liburud transitioned from Restorative care CNA to Administrative Assistant on 8-21-23.

Visitation

It is not necessary to schedule appointments for visitations. We welcome all visitors in -person. Visitors are no longer required to wear masks. All visitors and volunteers must sign-in the visitor log when coming in and sign-out when leaving. Please review the list of Covid symptoms on the door and do not come in if you have any of the symptoms listed.

Visit our Facebook page ([Oih Nantucket MA](#)) for fun photos and highlights.

The 26th Annual Pops

We all had a wonderful time at the 26th Annual Pops on Nantucket, on our very own back patio at OIH. The weather was perfect, the evening was beautiful, and we had about 22 residents and family members join us for this annual event. The theme of this year's performance was Elton John. Keith Lockhart (conductor) and the Boston Pops on tour was joined by Michael Cavanaugh. Greta Feeney led us all in the National Anthem. It was a beautiful and clear night, and we could watch the fireworks from the OIH back patio. Thank you to the Nantucket Cottage Hospital and Molly Macy Lentowski, Sr. Development Officer of Development at the Nantucket Cottage Hospital for making this event possible and open to the residents of OIH. Thank you to Jay Arthur, Event Production Manager of Thistle Communications for live streaming the event for us. It was a wonderful time for us all.



OUR ISLAND

HOME

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We're on the Web!

Visit us at:

www.nantucket-ma.gov

INSTAGRAM:

[ourislandhomenantucket](https://www.instagram.com/ourislandhomenantucket)

FACEBOOK:

[Oih Nantucket MA](https://www.facebook.com/OIH.Nantucket.MA)



Flowers donated by the
Nantucket Garden Club

Volunteers

Our Island Home residents are so very fortunate to have the love and dedication of volunteers. A special 'Thank you' to all our volunteers! You make a great difference in the quality of life of our residents. Thank you to our special guests this month: Susan Berman and Ray Saunders, for the live Musical Performances. Thank you to Keyla and Cory Morgan for the live musical performance. Thank you to Cindy and Tony Cahill and the many volunteers that make Wheelers possible. Thank you to Reverend Snell who comes 2x a week to provide story time and Religious Services. Thank you to Stormy Reed for coming in to assist with "Coffee Hour" and 1:1 activity. Thank you to Jim Sulzer for the weekly live classical guitar musical performances. Thank you to Vincent DeBaggis for running "Current Events" group. Thank you to Sallyanne Austin for cutting and styling hair, Frances Karttunen for her weekly educational series "Photos with Fran", Susan Richards and Gwen her dog for pet therapy and holding "Book Club", Marylou Warren, and Mike Campbell for calling Bingo. Thank you to Lucy Jimenez, for assisting with arts and crafts class. Thank you to High-School Seniors, Anna Popnikolova, Madeline Raimo and Evan Keeler NHS Graduate of 2023 for running and assisting knitters in "Knitting Club" and coming in during the weekend to help with planting. Thank you to Leone Collins and her cat Wasabi for coming in for pet therapy, Jeannie Critchley and her dog Ruby and Margi Brenizer and her dog Tollie for coming in for Pet Therapy. Thank you to Susan Ottison for taking care of floral decorations in the dining room and the flowers in the boat in the cul-de-sac out front. Thank you to Julie Hilberg-Hunt for taking care of the OIH planters at the entrance way and several on the patio.



Residents Artwork on display at the Nantucket Atheneum for NiSHA's HEArt Project, headed by Susan Richards. The NISHA's HEArt project teaches us to be kind to all life, including animals.



Family Council

Please join our monthly Family Council meeting for Our Island Home. Each month we hold a Zoom call to gain input from the family members and loved ones of residents of Our Island Home. The meetings are your opportunity to provide input on quality-of-life issues that may impact your family member who lives at OIH nursing home. Family Council, which is run by family members and friends of OIH residents, can be a powerful force for improvement in a nursing home. Many councils across the country have been able to increase the quality of life and well-being of their loved ones through their work. In addition, this forum provides mutual support for family members of Our Island Home residents.

The next meeting will be held on *Wednesday, September 20th at 5:00PM*. An email with the Zoom link will be sent to all family members by the OIH Social Worker.

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Thank you to the many volunteers that make-up the Wheelers program. OIH Residents love Wheelers.

Cookouts

August Cookouts have become a popular event. Great food, great music with Susan Berman and Ray K. Saunders, and great weather. Thank you, Susan and Ray, for the wonderful musical performances.



We continue to offer the following activities options, daily:

Coloring pages; Puzzles; Word search and trivia worksheets; Video chatting and phone calls with family and other loved ones; independent crafting; Reading letters sent to us from our Nantucket community members; Independent or distance bible study; Spending one-on-one time with staff members for support and comfort; and listening to music.

In addition to the above activities, our residents have been busy using tablets, arts-and-crafts, spending abundant 1:1 time with staff. We have also enjoyed groups such as book club, knitting club, bingo, nail painting, floral arranging, current events, exercise group, trivia and more.

Staff Member and Volunteer of the Month

Resident pick for staff member of the month goes to Sean Anderson, *Maintenance* who residents stated is very friendly.

Resident pick for volunteer of the month goes to Stormy Reed who has been helping with coffee social and 1:1 time. Residents state that Stormy is wonderful!

August Donations

We thank our island community for their generous donations. Thank you to the Nantucket Cottage Hospital for donating personnel and time to set up and run the live streaming equipment for the 26th Annual Pops concert.

Thank you, Flowers on Chestnut Street, for the weekly donation of flowers. Thank you to Julie Hilberg-Hunt for donating her service and time to attend to several OIH planters. Thank you to the Nantucket Inquirer and Mirror for donations of the weekly newspaper. Thank you to the Nantucket Garden Club for the donation of flowers. Thank you to Michael Campbel for his weekly donations of cookies and, bars of soap and chocolate for residents to enjoy. Thank you, Terri Dion of Espresso to Go for the weekly donations of pastries and lunch food.