



Free same-day appointments via Zoom

- 🌀 Are you feeling anxious and need to talk?
- 🌀 Struggling to make it until your next appointment?
- 🌀 Is there an urgent matter you want to talk over with a therapist?
- 🌀 Do you feel so sad that you are not sure what to do next?
- 🌀 Are you concerned about your sobriety?

Fairwinds can help you today.

Starting June 1, we can see you for same-day, urgent appointments, while our walk-in UBHC clinic is closed to protect islanders during COVID-19.

Call **508-228-2689** to make a same-day appointment, or log in at 5:00 p.m. <https://zoom.us/j/994360705>

First come, first served.

If the appointment is taken, call or log-in again the next day.

Same day appointments will replace the support groups that were running from April through May.

Fairwinds is always here for you.