Town employees may have several accounts, including retirement, OBRA, life insurance, 457 and 403b plans, that require a beneficiary to be chosen. Are your beneficiaries current?

Most of us choose our beneficiaries when we complete our new hire paperwork and often forget to update them when we experience life changes, such as marriage, birth of a child, and loss of a beneficiary. **Please contact your plan to determine who your beneficiaries are and change them if necessary.**

Helpful links, contact information and instructions on how to change your beneficiaries:

- Allstate: Resources and Forms | Allstate Benefits
- Barnstable County Retirement System: https://barnstablecountyretirement.org/general/page/member-change-beneficiary-form
- Boston Mutual: CHANGE OF BENEFICIARY FORM (bostonmutual.com)
- Colonial Life: Request for Service Form | Colonial Life
- Great West (SMART): MA SMART Plan (empower-retirement.com)
- Nationwide: APO-5309.pdf (nationwidefinancial.com)
- Massachusetts Teachers Retirement System: https://mtrs.state.ma.us/forms/

Barnstable County Retirement System

Allstate:	**Jim Flynn - 781-837-9222 OR jflynn@hilbgroup.com**
Barnstable County Retirement System:	**Customer Service – 508-775-1110**
Boston Mutual:	**Customer Service – 800-669-2668**
Colonial Life:	**Karin Angelis – 888-623-6236 x 82 k.angelis@neenrollment.com or**
Great West (SMART):	**Marianne Cole - 401-439-3715 marianne.cole@Empower.com OR SMART@Empower-Retirement.com**
Nationwide:	**William (Bill) Redihan – 888-401-5272 or w.redihan@nationwide.com**
Massachusetts Teachers Retirement System:	**Customer Service – 617-679-6877**